



The Messenger



A SHALOM BAYIT PUBLICATION – September 2013 – Elul 5773/TISHRI 5774

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President

Hannah Riceberg 951 - 769 – 3678
e-mail: hr3555@hotmail.com

Vice President

Cathy Colt 951-845-6961
email: cathycolt@verizon.net

Past-President

Edward Newman-951-769-8850
e-mail: edjnewman@aol.com

Secretary

Leslie Diamond – 951-849-4381
Jayles2@verizon.net

Treasurer

Steve Benoff 310-413-4896
Steve.benoff@verizon.net

Membership Committee Chair

Edward Newman 951-769-8850
e-mail: edjnewman@aol.com

Ways & Means Committee

Ilene Kaplan 951 - 845 - 0830

Religious Practice Committee Chair

Carol Sherman 951 - 769 – 7514
Carollois21@gmail.com

Havdalah & Oneg Chair

Carol Sherman 951 - 769 – 7514
Carollois21@gmail.com

Sunshine

Adele Kiefer 951 - 845 - 1064
Doreen Levin 951-845-2996

Tribute Cards Chair

Doreen Levin 951-845-2996

Sisterhood

President – Joan Frost 951-845-9757
Mjfrost9@verizon.net

News Letter

Marty & Sandy Hoffman 951-769-3830
E-mail: Martyhof@hotmail.com

Spiritual Leaders

Rabbi Larry Seidman 949-856-3052
Rabbi Linda Seidman
Rabbi@rationalrabbi.com

(Please notify Marty Hoffman ((951)769-3830) of any errors or omissions in the following information. A correction will be published in the next issue of our bulletin.)

BIRTHDAYS

Adele Kiefer - September 8, Hannah Riceberg – September 14, Lauree Feigenbaum – September 22,

ANNIVERSARIES

Ed & Diana Newman September 2

SEPTEMBER YARTZEITS

Esther Hoffman – Mother of Marty Hoffman, Sidney Bossin – Father of Sandy Hoffman,
Charles Kabert – Brother-in-law of Ilene Kaplan, Violet Brant – Mother of Adele Keifer,
Khris Neil - Son of Lloyd & Judi Margolis, Mary Babrowa – Mother of Doreen Levin,
Beatrice Newman – Mother of Ed Newman, Celia Sattinger – Mother of Carol Sherman,
Charles Barsh – Father of Hal Barsh, Jennie Logan – Great Grandmother of Michelle Gasper,
Mary Bobrowa – Mother of Doreen Levin

A MESSAGE FROM OR SPIRITUAL LEADERS, THE RABBIS

Ten Days at the Spiritual Spa.

Regular checkups are a part of our lives. Most of us visit a physician once a year or every six months, or more often. Most of us bring our car in for service every 5000 miles. You probably are scheduled for a regular dental cleaning and examination. There are many other things that we are concerned about and pay attention to on a regular schedule.



But one of the most important things that should be checked often goes uncared for. This is our inner life - our spiritual life, our moral balance, our emotional well-being. How often do we stop to ask what our lives are really all about? When do we examine the values and principles that guide our lives? When do we think about God, our Jewish teachings and our soul? If you're like most of us, the answer is "not very often".

Fortunately, the Jewish calendar sets aside ten days for exactly this kind of self-examination. It starts on Rosh Hashanah and ends at the end of Yom Kippur. It is a period specifically allocated for us to examine our lives. The High Holidays, the Ten Days of Awe, offer us a process for annual spiritual self-examination. It leads us through an exhaustive list of things we might have done wrong. It encourages us to think about how we have behaved and what we have prioritized.

From this, we can create a plan of action. What will we change in the coming year? The services themselves contain tools to guide us through this annual checkup as well as to suggest how to change our ways in the coming year.

It is well understood by psychologists that commitments to change are more powerful and more effective, when they are accompanied by physical action. One of these actions is Tashlich, will take place after the morning service on Rosh Hashanah. We hope you'll join us for this brief but important and powerful service.

The second is fasting on Yom Kippur. If you are healthy enough to fast, it is a powerful way to signal to your inner self that you are serious about the changes you decide to make this year. If this is not your practice, consider fasting part of Yom Kippur, or limiting what you eat. However, fasting is prohibited if it would endanger your health. The Jewish goal is physical and spiritual health.

We are looking forward to sharing the High Holidays with you and to us all being better people in the New Year, the year 5774 on the Jewish calendar.

High Holiday tickets for members are included in this issue of the Messenger. You may purchase additional tickets at \$25 per service (total of \$100 for all four days) by contacting Carol Sherman at 951-769-7514.

A MESSAGE FROM OUR PRESIDENT.



Dear Friends,

It is September again and we are getting closer to the end of the summer and into the High Holidays season. Many of you have noticed and remarked how early in September Rosh Hashanah falls this year. My response is "Wait for Hanukkah, because this year we will eat the turkey of Thanksgiving together with Latkes, as these two holidays occur at the same time..."

Erev Rosh Hashanah will occur on September 4, 2013. This is when a new Jewish year begins. What a difference between the civil New Year on December 31 at midnight, and the beginning of a Jewish year: one is happy, marked by parties of drinking and dancing, culminating with fireworks, and the other is serious, marked by long religious services and centered around the theme of Selichot, forgiveness.

The tradition of Selichot varies between Ashkenazi and Sephardi Jews, but all say Selichot at night, and it centers around the confession of sins. This is the nature of the month of Elul: preparing our souls for Judgment Day on Rosh Hashanah and the Atonement on Yom Kippur. I urge you to prepare your souls by thinking of mistakes that you have made in the past year and how you can avoid them in the coming year. Looking forward to seeing you at the High Holiday Services, I wish you all a year of peace, good health and happiness.

Hannah

TRIBUTE CARD DONATIONS

If you wish to send a Tribute Card to family, friends, congregants, etc., and at the same time make a donation to Shalom Bayit, simply call Doreen Levin at (951)845-9288. Let her know if you are celebrating someone's birthday, anniversary, other special occasion or milestone, or sending condolences to someone, and she will send out a Tribute Card to them. You should then send a check with "Tribute Card" in the 'For' (or whatever your check shows for a notation on the bottom left) to: Congregation Shalom Bayit, 1320 W. Williams Street, Banning, California 92220. Everyone benefits!

FINDING NEW MEMBERS

Our temple is the only Jewish place of worship in the area. However, not many people know that we exist. It's up to our membership to advertise our existence.

The only way that we can continue to exist is to bring new people into our fold.

Whenever the opportunity presents itself, inform others about us.

It's very easy to do. Invite them to a Shabbat service, or to a Havdalah meeting.

Or, call our membership chairman, Ed Newman (951-769-8850) and let him know about the prospective members. He will take it from there.

SISTERHOOD

The Sisterhood meeting in July was a great success with nine of us gathering at the Thai Air restaurant in Beaumont for a delicious lunch and a relaxing time together.

Our next meeting will be August 20th at another new venue- **The Lakes**- at 11:30 a.m., as usual. August 31st is our fiscal year end, which means dues are due! They're \$18 and can be paid at the meeting or mailed to our treasurer, Cathy Colt.

Because of the High Holidays, there will be no Sisterhood meeting in September. In October we'll again be at The Lakes. Carol Martin will be entertaining us with a Yiddish folk tale, so plan to be there! There will be a \$3 guest charge and guests are encouraged to attend. Watch for more information to come.

The beautiful Tree of Life wall hanging continues to grow. New leaves seem to be added each month. Thank you all for your generous support and let's keep it growing!

The information for the Rosh Hashanah Book of Remembrance is due by Sept. 2, 2013. A form is included in this mailing for your convenience.

FOOD FOR THE NEEDY.

Remember to bring whatever non-perishable food items you can spare for the church. The church is in need of food items for the needy families of our area. Please bring these items to the Havdalah or Shabbat services. Ask any board member where to place them.

HELPING OUR MILITARY

Save the used postage stamps from letters you receive. Cut them off of the envelopes, leaving about ½" border around the stamp. They are used as therapy by our military hospitals. Give them to Ilene Kaplan. She will see that they get to where they are needed.

FUTURE ONEG SHABBAT SPONSORS

September: High Holidays, October: Hannah Riceberg/Adele Kiefer/Marge Amstadter, November: Sandra Shulkin/ Michele Gasper, December: Jay & Leslie Diamond. All of 2014 is open For Sponsors.

FUTURE HAVDALAH SPONSORS

September: No Havdalah, October: Catered - Marty & Sandy Hoffman/ Bill & Sandy Zwick, November: Pot luck - Cathy Colt/ Jeff Silver, December: Catered - open (in need of sponsorship) All 2014 dates are open and waiting for sponsors.
Carol .

PALM SPRINGS FINALE

This is your last chance!

The venerable old **Palm Springs Follies** is closing. This coming year will be its "Last Hurrah". If you would like to join us there for the December 6th matinee, call Iline Kaplan [(845)0830] for details and tickets. The headliner will be Susan Anton. Tickets are \$78.00 each. Seats are orchestra, center.

May you be blessed with a year of
health and happiness

Paul Goldstien

From our family to yours.
A happy and prosperous New
Year.

May all your wishes be
granted and may all your
hopes be fulfilled.

Carol Sherman & Ken Krupsaw

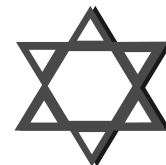


לשנה טובה תכתבו!!

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Steve & Martha Benoff



לשנה טובה תכתבו!!

May you be blessed with a year of
health and happiness?

Robin Adams & Susan Shapiro

New Years
Greetings

Warmest
Wishes for
a Happy New
year